



ADHD Education Day (virtual)

Hosted By The Provincial ADHD Clinic

Friday, October 18, 2024 – 9:00 am to 3:00 pm
via Zoom Videoconferencing

To attend Virtually, register via Zoom:

https://phsa.zoom.us/webinar/register/WN_TTUM8b_IQPyNwMpiJ42Hgg

You must register to attend virtually. Registration is FREE.

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| 9:00-9:15 | Welcome |
| 9:15-9:45 | ADHD Basics |
| 9:45-10:30 | Treatment and Management |
| 10:30-10:45 | BREAK (15 minutes) |
| 10:45—12:00 | Parenting |
| | School & Executive Functioning |
| 12:00-12:45 | LUNCH BREAK (45 minutes) |
| 12:45-1:15 | Mindfulness |
| 1:15 – 1:35 | Caregiver Shift, Resources, Support |
| 1:35-2:05 | ADHD and Self-Regulation |
| 2:05-2:20 | BREAK (15 minutes) |
| 2:20-2:50 | Panel Discussion |
| 2:50-3:00 | Closing |

Please Contact Joerg Taylor-Philippin at adhdc@cw.bc.ca
or 604-875-2345 (ext. 2081) if you have any questions.